

Mentor Assessment #1

Name of Mentor: Dr. Junaid Ahmad

Profession: Anesthesiologist

Location: Online

Date of Visit: 2/13/25

Time: 6:30 PM - 7 PM

Assessment:

The first official meeting I had with Dr. Ahmad was after he had agreed to be my mentor and after I had sent him my original work proposal. I had asked Dr. Ahmad for this meeting to confirm he knew exactly what being a mentor entailed, including dates of important events. I went into the meeting with the intention of discussing mentor requirements, final presentation night, original work, and an established schedule for shadowing/meetings.

Being an anesthesiologist is time-consuming. Thus, Dr. Ahmad said he could meet online due to schedule conflicts. It was a quick meeting, but filled with important information. First, I brought up the conversation I was nervous about. I was confident I had informed Dr. Ahmad of everything his role as a mentor would entail, but after finding out how many aspects of this semester he would be involved in, I wanted to be as transparent with him as I could. I informed him he would have to fill out evaluations, overlook my original work, and regularly shadow him. However, Dr. Ahmad immediately responded and let me know he would help me with whatever I needed for my original work project. He understands his responsibilities and is more than happy to assist with anything I need. I expressed my gratitude, allowing his enthusiasm to motivate me to start my original work.

Next, I discussed the final presentation night, describing what the night would look like and letting him know the date in advance in order to prevent any schedule conflicts. Through the course of finding a mentor, I realized how important it is to communicate with professionals, letting them know dates and deadlines as soon as possible. I also learned words can get lost in text and email, and I have found sharing important information in meetings is the most efficient way to communicate. Next, I discussed a possible schedule for shadowing/meetings. Dr. Ahmad's goal is for my shadowing form to get approved by the weekend, allowing me to shadow him sometime next week. I discussed allocating a certain day when I can shadow him every couple of weeks, but due to his schedule, it will be discussed weekly when I can shadow him. When I have small questions or information to share with him, he said I am always free to call him. I felt it was key to discuss what the rest of the semester would look like so both of us knew what to expect as the semester progresses.

Finally, we discussed my original work. Dr. Ahmad filled out the evaluation form for my proposal, and I had already reviewed the feedback he left prior to our meeting. However, I wanted to confirm my idea and go over any complications, if any. He said he liked the idea of using social media to bring awareness to anesthesiology and that he would look over all posts for accuracy if I needed him to

proofread any information. Dr. Ahmad said he would help me with any part needed and was excited for me to start.

My first meeting with Dr. Ahmad put all my anxiousness to rest. I was concerned I hadn't done a good job of briefing him on all that being a mentor requires, but he was more than happy to help. The meeting motivated me to start working on my original work, prompting me to draft some ideas for posts. The next meeting I will have with Dr. Ahmad will hopefully be a shadowing opportunity, giving me new inspiration for my social media page. This meeting was the start of many meetings to come, giving me excitement for what the semester will bring.